



Quantin Binnah  
Community Centre

# Community Programs

TERM 1 2026



61 Thames Blvd, Werribee

[www.qbcc.org.au](http://www.qbcc.org.au)

Quantin Binnah  
Community Centre

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## *Our Vision is to Create Connection & Nurture a Sense of Belonging*

At Quantin Binnah, we value community above all else. For us, this means celebrating each individual in our community, nurturing group connections, honouring our similarities and differences and helping each other learn and love each day.

A summary of our charitable purposes are:

- To support our community through the provision of benevolent, social, recreational, cultural and educational activities and programs.
- To create a welcoming environment to support all those in our community and in particular we strive to be inclusive to our vulnerable participants.

For more information please visit <https://www.qbcc.org.au/our-charitable-status-purpose-and-values>

Our mission is to provide inclusive education across all ages, focusing on being accessible and responsive to our diverse community needs. We aim to inspire collaboration and connection between community groups and local organisations.

This year, 2026, our theme for programs is “QB Colours Your World”  
Please join in the activities for each month and we welcome your ideas for our 2026 themes.

*Our Key Values are:*

**Connection    Belonging    Nurturing**



# About Us

## Qb Community Support



### Community Support

At Quantin Binnah we value community. Our Community Support Team strives to invigorate community life and create lifelong connections. We want to connect you with the services and resources that YOU need. We aim to provide high quality community programs that connect people with Quantin Binnah, inspire collaboration and create a sense of belonging to our community.

Our programs are developed to be inclusive across all ages and focus on being accessible and responsive to our diverse community needs. Do not hesitate to contact us regarding a particular service you're in need of and we'll be happy to help

### For bookings and information

Unless individually or otherwise stated please contact the Community Support Team, Penny & Emma on [community@qbcc.org.au](mailto:community@qbcc.org.au) or 9742 5040 to discuss activities further and to register your interest.

### Contact Us

Email: [community@qbcc.org.au](mailto:community@qbcc.org.au)

Phone: 9742 5040

Website: [www.qbcc.org.au](http://www.qbcc.org.au)

Facebook: [www.facebook.com/quantinbinnah](https://www.facebook.com/quantinbinnah)



Quantin Binnah Community Centre Inc. acknowledges the Bunurong people as the Traditional Custodians of this land on which we meet today. We also acknowledge their neighbours, the Wadawurrung people. We pay respect to Ancestors and Elders who always have, and always will care for Country and Community today and for future generations. We extend that respect to all Aboriginal and Torres Strait Islander peoples here today



Quantin Binnah is an inclusive centre and celebrates diversity of all kinds.



# Room Hire

## Room Hire

At Quantin Binnah we have a variety of multipurpose spaces for hire.

Applications forms are available from our website or by contacting [community@qbcc.org.au](mailto:community@qbcc.org.au)

Rooms are available for hire outside of Quantin Binnah's regular centre operating hours i.e. evenings and weekends. We also have some space available during centre hours.

For further details including the hirer's information booklet, hire rates and virtual tours of our spaces please look at <https://www.qbcc.org.au/hire-facilities-1>

Please note hire rates are subject to change from the 1<sup>st</sup> July each year.

## Strategic Planning



Quantin Binnah is embarking on the development of our next Strategic Plan. As a valuable member of the QB community, we are seeking your participation in the process. The next Strategic Plan will provide the direction for Services at Quantin Binnah for the next 5 years. As part of this planning process we will be researching community needs, reviewing demographic data and seeking your ideas and feedback about potential directions for services.

We have our survey ready for you to complete, and we do hope as many of you as possible will provide a response about potential directions for our services.

You will find a link to the survey on our website here:

<https://www.qbcc.org.au/strategicplanning>

The timeline for the development of the plan will be approximately 6 – 10 months and once completed, it will be available on the website.

We thank you in advance of your participation in supporting the creation of our new plan.

Please contact QB if you would like to participate - 9742 5040 or [admin@qbcc.org.au](mailto:admin@qbcc.org.au)

# Cafe QB

Quantin Binnah is proud to be partnering with



Creating Villages is a not-for-profit company creating inclusive community spaces and places to advance health outcomes and reduce social isolation by providing affordable opportunities for creativity, skill development and connections.

Creating Villages support adults with disabilities to operate the café; support our participants with disabilities to learn new skills and be included in their community.



**Café QB operating hours**  
Mondays, Tuesdays and Wednesdays  
**8.30am to 4.30pm**  
Closed on public and school holidays.

Hours are subject to change at short notice due to volunteer availability.

Please support the team working in the café; they are working pro bono. By purchasing something yummy to eat and/or drink you are supporting Creating Villages with this social initiative venture. All money made from purchases will be re-invested into produce and supplies.

Please consider Café QB as your café of choice or for catering your morning tea or lunch function in 2026.

Look out for weekly specials and events  
EFTPOS facilities are available.

For more information check out  
[facebook.com/craftandcaffeine](https://facebook.com/craftandcaffeine) OR [qbcc.org.au/cafeqb](https://qbcc.org.au/cafeqb)

# Social Supports



## Chatty Café

The Chatty Café Scheme aims to get people chatting to build and encourage social connections within the local community, and to help reduce social isolation. Join others at the chatty table in Café QB to “chat”.

Day: Every Monday during school term, except public holidays

Time: **10.00am**

Cost: Gold coin donation for hot drinks for those sitting at the chatty table.

Other items available at menu prices



## Puppet Pals with JoJo

Josie, Rosie and the gang will be hanging out in Café QB. Come and be entertained by our puppet friends, come for a chat & cuddle. Believe it or not, puppets can help us to develop and foster social connections and emotional awareness.

Day: Every Tuesday (except first Tuesday of the month) during school term

Time: **11.00am**

Cost: FREE

# Volunteering



Quantin Binnah is looking for volunteers!

Volunteering is a fun and easy way to explore and share your interests and passions. As a volunteer you can make a significant contribution to various services delivered at Quantin Binnah - YOU can make a difference.

Support QB and Café QB by volunteering in any of the below roles:

- Activity set-up and management
- Café support
- Activity Facilitation
- Garden and grounds maintenance
- Intergenerational activities
- Board member
- Other Opportunities not listed

You can register your interest to volunteer directly through our website

[www.qbcc.org.au/volunteer](http://www.qbcc.org.au/volunteer) or by [volunteers@qbcc.org.au](mailto:volunteers@qbcc.org.au)

# Community Supports



## Breakfast Club

Before dropping the kid's off at kindergarten or school come in for some brekky together to help you fuel your day. Don't have any children, that's fine you're welcome too. No questions asked. Breakfast includes cereal, toast, yoghurt & fruit.  
Day: Every Monday, Tuesday and Wednesday except public and school holidays  
Time: **8.30am to 9.00am**

Cost: Gold coin donation appreciated but not expected.



## Food Relief Supports

We understand the financial challenges that everyone is experiencing due to the increasing cost of living and are making attempts to support those in need with food support. People accessing these services are required to live within the Wyndham LGA and are required to complete a form for statistical and funding purposes on their first visit.

Please be mindful of others, follow limit quantities and take only what you need. QB take no responsibility for stock supplied through this service.



## Fresh Food Collection

Our "Produce for the People" program has fresh food available for collection fortnightly.

Day: Fortnightly Wednesday recommencing **21<sup>st</sup> January**

Time: **9.00am until supplies are exhausted (usually by 10.30am, if not earlier)**

Please note food varies fortnightly dependant on availability but usually includes vegetables, fruit, milk and bread.

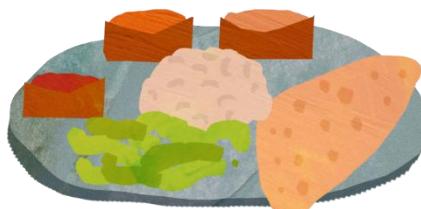
## Food Pantry

A pantry is located in Café Qb with set opening hours during school terms, except public holidays, recommencing from Monday **2<sup>nd</sup> February**.

Monday **11.30am to 1.30pm\*** note slight time change

Tuesday **9.30am to 11.30am**

Wednesday **1.00pm to 3.00pm**



Please note food is basic pantry staples and varies dependant on availability but usually includes canned goods, rice, pasta, UHT milk, breakfast cereal.

# Community Connector



Wyndham City's Community Connectors assist all residents in our community to access the services they need and empower them to make informed decisions. A Community Connector can assist with, however not limited to:

- Information, links and/or referrals about/to services and emergency relief, such as food relief and material aid; Mental health support and counselling; Family violence support; Family, youth and social support; homelessness and emergency accommodation; financial support; homecare, personal care, etc.
- accessing and navigating State and Commonwealth funded programs
- information about council services.

Community Connector is a FREE Service available at Quantin Binnah Community Centre fortnightly on Wednesday's recommencing **21<sup>st</sup> January** from **9.00am to 12 noon**

Contact 1300 023 411 if you would like to speak with a Community Connector or to book a face-to-face appointment.



## Power Saving Bonus

The Power Saving Bonus is a Victorian Government program offering a one-off \$100 payment to eligible households with a Health Care Card, Pensioner Concession Card, Veterans' Affairs Pensioner Concession Card, or Veterans' Affairs Gold Card.

If you require assistance with applying for this contact the Community Support Team to arrange a time to visit up and complete your application. Bring along your Concession Card, form of ID and current Electricity Bill

Please note this initiative is due to finish by **March 2026**.



## Maternal Child & Health @ QB

The Maternal and Child Health (MCH) is a free service available for all Victorian families with children from birth to school age, regardless of Medicare or visa status.

The Wyndham City Council MCH team can help you and your child stay healthy and safe from when your child is born until they start kindergarten.

Jump onto <https://www.wyndham.vic.gov.au/services/childrens-services/maternal-child-health/maternal-child-health-services> to make an appointment to see a nurse in centre or in the mobile van.

When you see the MCH Van at QB, pop in and say hi. The Van is here on Tuesday's.

# Parenting



## Circle of Security Parenting - FREE 8 Week Program

Mercy Health FaPMI and MacKillop Family Services Present Term 1 2026's Circle of Security Parenting Program.

Mercy Health's FaPMI (Families where a Parent has a Mental Illness) program aims to facilitate positive mental health and wellbeing for parents, their children, and families. By influencing and promoting family-inclusive practices, FaPMI supports positive outcomes for all family members.

MacKillop Family Services Western Parenting Program offers a range of parenting courses throughout the year. At MacKillop, we believe

Every child deserves the best—a safe and supportive family where they are nurtured to reach their full potential.

### Program Details

**Who:** Parents living in the Western suburbs of Melbourne with children aged Birth to 6 years.

**Cost:** Free

**When:** 8 x Fridays, 10:00am – 12:00pm, from 6th Feb to 27th March 2026.

**Where:** Quantin Binnah Community Centre, 61 Thames Blvd, Werribee VIC 3030

- Free child-minding on-site is available.
- Babes in arms are more than welcome

### About the Program

At times, we can all feel lost or unsure about what our child might need from us. Imagine what it might feel like to truly understand what your child is asking for. The Circle of Security Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

### What You Will Learn Over the 8-Week Course:

- To understand your child's emotional world by learning to read their emotional needs.
- To support your child's ability to successfully manage emotions.
- To enhance the development of your child's self-esteem.
- To honour your innate wisdom and desire for your child to feel secure



## Parent Pathways

Every parent's journey is different, which is why Parent Pathways and The Salvation Army Employment Plus focus on support that's made just for you. Whether you need help exploring career options, bridging skill gaps, or finding training that fits your family, our mentors are here to guide you. We'll work with you to create a plan that suits your circumstances and needs.

The Parent Pathways team at The Salvation Army Employment Plus can help with:

- Language and literacy programs
- Career guidance
- Childcare placement assistance
- Driving lessons
- Financial support for training

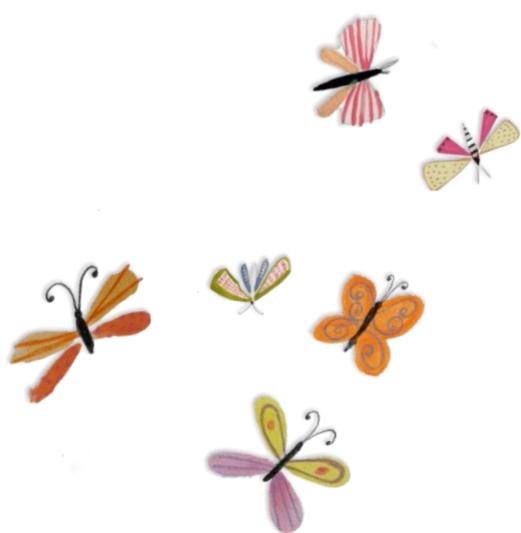
No pressure. No judgement. Just support that fits into your life.



## Expressions of Interest

We are seeking expressions of interest from anyone wishing to facilitate and/or participate in

- Parents groups and/or workshops
- Book Club
- Walking Group/ Pram Walking Group
- Seniors Groups
- Cultural Groups
- Specialty Groups and Classes
- Food Programs support
- Community Admin support
- Garden & grounds maintenance



# Carers Supports

Quantin Binnah is an official Carer Friendly Place as recognised by Carers Victoria  
Walks for Carers



Our carers get together once a month, go for a walk, and chat about all things related and unrelated to being a carer. Continue your chat in Café QB with a free morning tea.

Our priority is improved carer wellbeing through social connection and informal peer support. Please note no one is expected to be a marathon walker, we are more a leisurely stroll group. Other options will be available if the weather is not our friend.

Day: Monday **9<sup>th</sup>** February and Monday **16<sup>th</sup>** March

Time: **10.00am**

Cost: **FREE**



## Connecting Wyndham Carers (note name change)

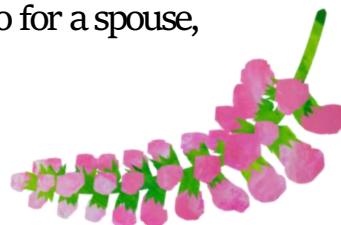
This group is a welcoming space led by its members, sharing information, connecting with local services and supports, and meeting new people. The group focuses on activities that support wellbeing, with suggestions and ideas coming directly from you.

Carers are those who currently support a family member or friend who has a disability, developmental delay, medical condition, mental illness or are frail due to age. Being a carer looks different for many of us, it is something you do for a spouse, partner, parent, child, sibling, grandchild, friend, or neighbour.

Day: Monday **23<sup>rd</sup>** February and Monday **30<sup>th</sup>** March

Time: **10.00am**

Cost: **FREE**



## FREE DRINK & SNACK for Carers

Are you an informal or unpaid carer? To remind you that you're not alone pop into Café QB during our first week of 2026 & let us spoil you with a treat to brighten your day.

Day: Monday **2<sup>nd</sup>**, Tuesday **3<sup>rd</sup>** and Wednesday **4<sup>th</sup>** February

Time: **9.30am to 3.00pm**

Cost: **FREE\*** small hot drink or cold drink from the fridge and selected sweet treat.

\*Evidence may be requested to prove Carer Status e.g. carer card etc



# Special Interest



## Knitting Group

Do you like knitting? Would you like to join a group of like-minded ladies and chat whilst clicking away. Work on your own items or knit items to donate to Big Group Hug supporting the children of families needing a little extra help. Take the opportunity to engage with others and make new friends in this informal setting.

Day: Thursday's

Time: 1.00pm to 3.00pm

Cost: FREE BYO knitting projects and patterns to share



## Games & Cards

Like to play board games? Want to meet new people? We're offering everyone a selection of games including cards.



Day: Tuesday's during school term (except 1<sup>st</sup> Tuesday of the month)

Time: 1.00pm to 2.30pm

# Senior's Activities

## Lunch with the Bunch

We're inviting our Senior Friends to come & join us at Café QB for a delicious lunch & great company.

Date: Monday 2<sup>nd</sup> February & Monday 2<sup>nd</sup> March

Time: 12.00pm to 1.300pm

Cost: \$15 per person includes 1 Barista made hot drink, sweet & savoury treats. Additional drinks are available for purchase from Café QB.

BOOKINGS ESSENTIAL Please RSVP by Thursday prior to event with any dietary requirements

Please refer to our other categories throughout the booklet inviting our Seniors to join other community members in activities to meet their own needs.

These categories include but are not limited to

Health & Wellbeing; Special Interest; Social Supports

Volunteering; Pop-Up Events

# Kinder Welcome

## Information Sessions



Kindergarten is a unique play-based learning environment that promotes children's learning and development through experimentation, trial and error, watching, listening and participating. Kindergarten is designed to improve your child's development in key areas.



Do you want to

- learn more about supporting your child during their time in Kindergarten and have any questions?
- meet other parents whose children are in the same kinder group as your children?
- learn more about what is offered at Quantin Binnah Community Centre and how you can be part of the wider QB community?

All parent/carers in attendance will be provided with a Café QB voucher.

RSVP to [admin@qbcc.org.au](mailto:admin@qbcc.org.au) by Tuesday 27<sup>th</sup> January



### 3 Year Kindergarten

Bandicoot

Day: Friday 30<sup>th</sup> January

Time: 10.00am to 11.00am

Dugong

Day: Monday 2<sup>nd</sup> February

Time: 10.00am to 11.00am

### 4 Year Kindergarten

Green

Day: Thursday 29<sup>th</sup> January

Time: 10.00am – 11.00am

Navy

Day: Thursday 29<sup>th</sup> January

Time: 11.00am – 12 noon

Purple

Day: Friday 30<sup>th</sup> January

Time: 11.00am – 12 noon

Silver

Day: Monday 2<sup>nd</sup> February

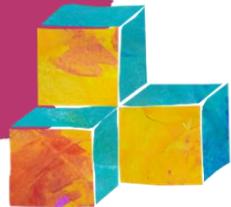
Time: 11.00am – 12 noon

### Integrated Kindergarten

We are pleased to offer Integrated Kindergarten in our Quantin Binnah Childcare program. Due to the flexible nature of this program, we are welcoming our parents individually to meet the varying schedules rather than hosting a specific session.



# Children's Activities



## Playgroup

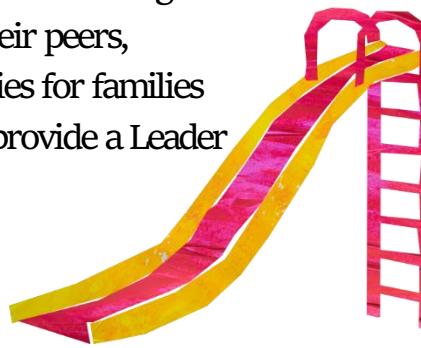
Playgroup is an exciting way for young families to be involved with the local community centre and share time with families that have children of a similar age. Children get to participate in experiences that they can share with their peers, siblings, parents and carers. Our weekly sessions provide opportunities for families to meet in an inclusive, welcoming, friendly, safe environment. We provide a Leader to plan and set up the activities each week.

Day: Every Thursday during school term

Time: **10.00am to 12.00pm**

Cost: \$70 per term plus a one-off enrolment fee of \$30 per family.

Apply via the QBCC website <https://www.qbcc.org.au/playgroup>



## JoJo and Friends (note name change)

This group is a great opportunity to make new friends and learn & practice language and social skills for both children and parents/carers.

These free and inclusive one-hour sessions include storytelling, music and movement, and free play, entertaining children through play-based learning.

Everyone is welcome.

Day: Tuesday's during school term (except 1<sup>st</sup> Tuesday of the month)

Time: **10.00am.**

Cost: FREE

Parents/carers are required to stay in attendance.



## OOey gOOey Messy Play

Come along and get messy with different sensory craft, for any age.

Children to wear clothes that can get messy.

Day: POP-UP one time activity – Wednesday 11<sup>th</sup> March

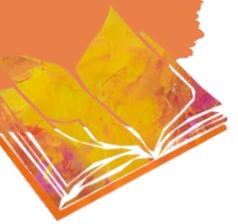
Time: Drop in anytime between **10.00am to 11.00am**

Cost: FREE

Parents are to remain onsite and provide supervision during session.



# Education



Our ACFE learning opportunities return in **2026!**

The primary purpose of pre-accredited education and training is to provide opportunities for adult learners in Victoria to gain the educational capacity and core skills they need for study, work and life.

Courses are **FREE** to eligible students. Students must be **17+** and not enrolled at school **AND** be an Australian citizen, holder of an Australian Permanent Visa, a New Zealand citizen or Asylum Seekers holding a valid Visa.

Individual learning assessments will be completed with each student prior to commencing course. This is an ACFE funding requirement.

Students will receive a Certificate of Participation on completion of the course.

## Let's Learn English

This course will all be offered in Term 2.

This 10-week practical, fun and inclusive course is designed for new residents with some English skills who are hoping to seek employment or begin the journey to citizenship. The Let's Learn English course will focus on assisting learners to understand language that is used in everyday activities and assist you with basic English speaking and writing skills, helping you gain confidence in communicating with others in English.

Take the opportunity to engage with others and make new friends in this informal setting..

Course dates: TBC

Time: **10 weeks x 3-hour classes**

Cost: **FREE**



## Barista Essentials

Want to know how to make the perfect coffee? Learn the skills of a Barista and increase your employment opportunities. Or you may just love coffee and want to add to your knowledge and personal skill set.

Course dates: Monday **19<sup>th</sup>** AND Tuesday **20<sup>th</sup>** January – **FULL!**

Time: **9.30am to 2.30pm**

Cost: **FREE**

Barista Essentials will run again in Terms **2 & 3**



## Everyday Living Skills for People with a Disability

This course will all be offered in Term 3.

This 15-hour course will focus on a variety of basic living skills for people who have a disability; including basic budgeting, hygiene, social skills and health and wellbeing to maintain a basic level of independence and increase confidence in their ability to perform these tasks.

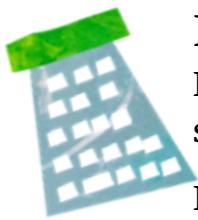
## Be Work Ready



This course will all be offered in Term 4.

This 20-hour course is designed to introduce key skills for students who are looking to gain employment or are working towards gaining employment. This module gives learners practical, hands-on experience around the six employability skills

## Home Schoolers Cooking Group



Learn some basic cooking, baking and healthy eating skills with other home-schooled students.

Day: Fortnightly Wednesday's during school term recommencing 4<sup>th</sup> February

Time: 1.30pm

Cost: \$10 per person (\$15 for 2 siblings)

BOOKINGS ESSENTIAL



BYO container to take your goodies home. Parents are to remain onsite and provide supervision during session. Numbers are capped per session and weekly registrations are required. Please email [creatingvillages@gmail.com](mailto:creatingvillages@gmail.com) for more information, to register and advise of dietary requirements.

## Performing Arts



### PerformX Academy



PerformX Academy is a vibrant performing arts program for children and teens aged 5-15, designed to build confidence, creativity and courage through drama, singing are welcome to join. Classes are delivered in a safe, supportive, and inclusive environment by passionate industry mentors.

Day: Saturday's during school term

Time: 11.45am to 3.15pm

Cost: \$14 per hour



For more information, please contact PerformX Academy – 9967 8721 or email [admin@performxacademy.com.au](mailto:admin@performxacademy.com.au) or check out [www.performxacademy.com.au](http://www.performxacademy.com.au)

# Health & Wellbeing



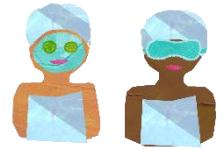
## Movement, Mindfulness and Meditation (MMM)

Introducing a new mindfulness and mental wellbeing program at Quantin Binnah, exploring and supporting meditation and self-expression which will be open to all ages, stages and all abilities.

MMM explores how to express oneself freely and authentically in a safe environment without fear of judgment or criticism – we all know the saying “Dance like no-one is watching”,

Come along and join in this fortnightly wellness session. The group will be semi self-directed with a different mindfulness and/or wellbeing exercise provided each fortnight.

Each session will begin with a 10-minute meditation and end with a gratitude exercise – “what are you thankful for today?”



Stay tuned for further details.

Day: TBC

Time: TBC

Cost: Gold coin donation appreciated



## VMCH Dementia Group

If you are caring for someone with dementia/memory loss, come along and connect with others while enjoying morning tea and participating in a craft activity. This group is for both the carer and care recipient.

This initiative is organised through VMCH as part of a Dementia Australia Dementia Friendly Communities project.

Day: Monday 2<sup>nd</sup> February & 2<sup>nd</sup> March

Time: 11.00am to 12.30pm

Cost: FREE

Please register your interest by contacting Catherine on 8595 2405 or emailing [carerevents@vmch.com.au](mailto:carerevents@vmch.com.au)

**VMCH**

## Bingo Moves Community

Bingo Moves is best described as a fun, interactive exercise program – combining gentle movement & stretches helping you to unwind and move safely.

Join us for an active version of BINGO where you're invited to participate in gentle MOVEmnt to a song. Prizes and a whole lot of fun await you.

Day: Wednesday's fortnightly, recommencing 28<sup>th</sup> January

Time: **10.00am**

Cost: Gold coin donation welcome but not expected



## Wonder Women

Would you like some time for yourself? Would you like to spend some time with other women and just “hang out” with no expectations placed on you? Come and join us and spoil yourself.

Day: Every Thursday during school term recommencing 22<sup>nd</sup> January

Time: **9.30am to 11.00am**

Cost: Gold coin donation appreciated

New members welcome.



## Stretch

### Stretch Class: Move Freely, Feel Better

You don't need any gym experience to join this class! If touching your toes feels like a challenge, sitting on the floor seems impossible, or you've grown used to living with aches, pains, and stiffness—this class is for you.

Target all your joints and muscles. Over time, you'll notice your body moving in ways it hasn't before, improving flexibility, mobility, and overall comfort.

While the class is designed for beginners, modifications are available to suit more advanced participants, ensuring everyone gets the most out of the experience.

Come as you are and discover the joy of stretching!

Day: Every Thursday during school term recommencing 22<sup>nd</sup> January

Time: **1.00pm**

Cost: Gold coin donation appreciated

BYO Comfortable clothing & shoes and drink bottle

Please bring a yoga mat if you have one.



# Crafting

## Craft and Caffeine

Drop in for craft anytime. Craft activities set up with themes representing current celebrations and events. Gold coin donation for craft supplies appreciated but not expected.

Day: Monday, Tuesday and Wednesday

Time: **9.30am to 4.00pm**

Cost: Gold coin appreciated but not expected



## Craft & High Tea

Enjoy a delicious high tea with us and make a special themed craft items to take home or gift to someone.

Day: Monday's **16<sup>th</sup>** February &/or **16<sup>th</sup>** March

Time: **10.30am**

Cost: \$18.00 per person includes morning tea and craft project

**BOOKINGS ESSENTIAL** Please advise of dietary requirements when registering.



## Australian Crochet Community

All welcome to drop in, crochet and chat. Bring your own crochet or craft project with supplies along to Café Qb and join in with others.

Day: Saturday **21<sup>st</sup>** February **21<sup>st</sup>** March & **18<sup>th</sup>** April

Time: **10.00am to 2.00pm**

Café Qb will be open to nourish you as you craft.

## Sustainable Craft

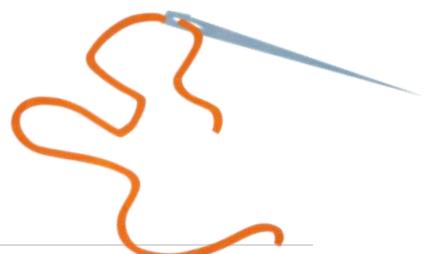
A new program coming later in 2026 - Join us to create beautiful and sustainable artwork crafted using eco-friendly materials and up-cycled products.

Let your imagination run wild producing and sourcing thoughtfully made objects that positively impact our world and well-being.

Day: TBC

Time: TBC

Cost: Gold coin donation appreciated



# All Abilities Activities

## CraftABILITY



Adults with Disabilities (& their carers) are invited to join us to complete a different activity each week. Come along & be creative, be social and maybe enjoy something to eat from the Café menu.

Activities may vary from craft including baking, games and other activities dependant on participants requests.

Day: Every Tuesday during school term

Time: **10.30am to 12.30pm**

Cost: \$10 per person for weekly project or \$20 including a delicious morning tea.

**BOOKINGS ESSENTIAL.** Please email [creatingvillages@gmail.com](mailto:creatingvillages@gmail.com) for more information, to make a booking and advise of dietary requirements.



## Capacity Building at Café Qb

Would you like to learn new skills, gain experience in a café and meet new people?

Do you have core supports in your NDIS plan?

Supports provided at NDIS unit costs.

Participants are required to be self or plan managed. Have a chat to our Café Qb team.



## GLOW – Inclusive Disco

It's International Day of Happiness.

Come dressed in something that makes you HAPPY 😊

Spread the word, bring your friends. We want to see YOU on the dancefloor!!

Prizes will be awarded.



Adults with Disabilities (& their carers if required) are invited to spend the night with friends, dance and hang out in a safe environment.

Quiet zone available for those who need a break.

This is an 18+ alcohol-free event.

Day: Friday **20<sup>th</sup> March**

Time: **6.30pm to 9.30pm**

Café Qb will be open from **6.30pm** for yummy treats

DJ Pistol Pete will start pumping the tunes from **7.00pm**

Cost: \$15 includes entry, snack & a drink.

Carers free entry & drink.



# Pop Up Events

## Morning Melodies



Enjoy a fun morning of music and singing including a lovely freshly made morning tea with Barista hot drink.

Come dressed to impress for our themed Morning Melodies – Term 1 is St. Patricks Day

Day: Thursday 12<sup>th</sup> March

Time: 10.00am arrival & morning tea. Show begins at 10.30am.

Cost: \$12.00 per person includes morning tea and entertainment



BOOKINGS ESSENTIAL Please RSVP by Tuesday prior to event with any dietary requirements

## Women's Clothes Swap



This time we are focusing on Women instead of the kiddies in acknowledgement of International Women's Day.

Has your style, shape or size changed? Too good to throw away? Bring your old good condition clothing along to swap for other sizes and/or styles.

Clothes are also available to those who have nothing to swap.



Due to requests, we will be offering an evening session

Day: Monday 2<sup>nd</sup> March              Time: 5.30pm to 7.30pm

Day: Tuesday 3<sup>rd</sup> and Wednesday 4<sup>th</sup> March

Time: 9.30am to 1.30pm.



Please note no donations will be accepted after noon on the final day.

## Kid's Clothes Swap – returning Term 2

Spend the school holidays getting organised and sorting out all your children's old good quality clothes. The clothes swap is right at the start of Term 2.

Organise your items into sizes, make sure they're clean and in good condition.



Day: Tuesday 28<sup>th</sup> & Wednesday 29<sup>th</sup> April

Time: 9.30am to 1.30pm.

If you don't have anything to swap or donate you are still welcome to attend.

Clothes will also be available to those who have nothing to swap.



## Harmony Week ~ Everyone Belongs

Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds. It's about inclusiveness, respect & a sense of belonging for everyone. Come and try/do some diverse art, dance and/or food.



Day: Beginning **17<sup>th</sup> March** & concluding **23<sup>rd</sup> March**

Time: Various

Cost: FREE to \$10.00

## Easter Crafts & Easter Egg Hunt



Hoppity Hop. Can you help the Easter Bunny find their eggs?

Day: Week beginning **23<sup>rd</sup> March**

Time: Various

Cost: FREE to \$10 contributions.



## World Autism Day - Thursday **2<sup>nd</sup> April**.



World Autism Acceptance Week 2026 themes focus on "Celebrate Differences" and "It's How You Show Up," emphasizing inclusivity, acceptance, and celebrating neurodiversity.

Café QB is a part of the Hidden Disabilities Sunflower Initiative helping to make the invisible visible and we welcome you all to join us in focusing on the above themes.

Keep updated on Facebook for more details on this event.

Keep an eye on [www.facebook.com/quantinbinnah](http://www.facebook.com/quantinbinnah) or [www.qbcc.org.au](http://www.qbcc.org.au) for further POP-UP ACTIVITIES information and other events during Term 1



Not just a Community Centre,  
but a centre for the Community

# Contact Information



**9742 5040**



[admin@qbcc.org.au](mailto:admin@qbcc.org.au)



[www.qbcc.org.au](http://www.qbcc.org.au)



[www.facebook.com/quantinbinnah](https://www.facebook.com/quantinbinnah)

## Office Hours:

8:30am to 6:00pm

Monday to Friday

Closed on Public Holidays



61 Thames Blvd, Werribee

*Quantin Binnah is a committed Child Safe organisation  
and has zero tolerance for child abuse.*

Every child and young person accessing Quantin Binnah has the right to feel safe. All Quantin Binnah employees, volunteers, contractors and community representatives have a responsibility to understand and activate their role in preventing, detecting, responding and reporting any suspicions of child abuse to the relevant authorities and maintaining a child-safe culture.

