

Community Programs

TERM 4 2025



61 Thames Blvd, Werribee



www.qbcc.org.au

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Our Vision is to Create Connection & Nurture a Sense of Belonging

At Quantin Binnah, we value community above all else. For us, this means celebrating each individual in our community, nurturing group connections, honouring our similarities and differences and helping each other learn and love each day.

A summary of our charitable purposes are:

- To support our community through the provision of benevolent, social, recreational, cultural and educational activities and programs.
- To create a welcoming environment to support all those in our community and in particular we strive to be inclusive to our vulnerable participants.

For more information please visit https://www.qbcc.org.au/our-charitable-status-purpose-and-values

This year our theme for programs is "From Little Things Big Things Grow"

Please join in the activities for each month and we welcome your ideas for our 2025 themes. As our wellness activity booklets were so popular in 2024, they will remain on our website so as you can still access them, our booklets contain wellness guides with challenges, planning, and exercises to try each month to help you Live your best Life! Please visit our web site https://www.qbcc.org.au/live-your-best-life to find the booklets.

Our Key Values are:

Connection Belonging Nurturing

About Us Qb Community Support



Community Support

At Quantin Binnah we value community. Our Community Support Team strives to invigorate community life and create lifelong connections. We want to connect you with the services and resources that YOU need. We aim to provide high quality community programs that connect people with Quantin Binnah, inspire collaboration and create a sense of belonging to our community.

Our programs are developed to be inclusive across all ages and focus on being accessible and responsive to our diverse community needs. Do not hesitate to contact us regarding a particular service you're in need of and we'll be happy to help

For bookings and information

Unless individually or otherwise stated please contact the Community Support Team, Penny & Emma on community@qbcc.org.au or 9742 5040 to discuss activities further and to register your interest.

Please attempt to register for all activities listed in the booklet this will help us to meet the resourcing and catering needs of all sessions.

Contact Us

Email: community@qbcc.org.au

Phone: 9742 5040

Website: <u>www.qbcc.org.au</u>

Facebook: www.facebook.com/quantinbinnah



Room Hire

Room Hire

At Quantin Binnah we have a variety of multipurpose spaces for hire.

Our Expressions of Interest for regular hirers for 2026 is open now and will close Friday 24th October. Applications forms are available from our website or by contacting community@qbcc.org.au

Rooms are available for hire outside of Quantin Binnah's regular centre operating hours i.e. evenings and weekends. We also have some space available during centre hours.

For further details including the hirer's information booklet, hire rates and virtual tours of our spaces please look at https://www.qbcc.org.au/hire-facilities-1

Please note hire rates are subject to change from the 1^{st of} July each year.

Strategic Planning

Quantin Binnah is embarking on the development of our next Strategic Plan. As a valuable member of the QB community, we are seeking your participation in the process. The next Strategic Plan will provide the direction for Services at Quantin Binnah for the next 5 years. As part of this planning process we will be researching community needs, reviewing demographic data and seeking your ideas and feedback about potential directions for services.

We have our survey ready for you to complete, and we do hope as many of you as possible will provide a response about potential directions for our services.

You will find a link to the survey on our website here:

https://www.qbcc.org.au/strategicplanning

The timeline for the development of the plan will be approximately 6-10 months and once completed, it will be available on the website.

We thank you in advance of your participation in supporting the creation of our new plan.

Please contact QB if you would like to participate - 9742 5040 or admin@qbcc.org.au

CafeOb

Quantin Binnah is proud to be partnering with



Creating Villages is a not-for-profit company creating inclusive community spaces and places to advance health outcomes and reduce social isolation by providing affordable opportunities for creativity, skill development and connections.

Creating Villages support adults with disabilities to operate the café; support our participants with disabilities to learn new skills and be included in their community.





Café QB operating hours

Mondays 8.30am to 2.30pm

Tuesdays and Wednesdays 8.30am to 4.30pm

Closed on public and school holidays.

Hours are subject to change at short notice due to volunteer availability.

Please support the team working in the café; they are working pro bono.

By purchasing something yummy to eat and/or drink you are supporting Creating Villages with this social initiative venture. All money made from purchases will be re-invested into produce and supplies.

Please consider Café QB as your café of choice or for catering your morning tea or lunch function in 2025.

Look out for weekly specials and events

EFTPOS facilities are available.

For more information check out facebook.com/craftandcaffeine OR qbcc.org.au/cafeqb

Social Supports

Chatty Café

The Chatty Cafe Scheme aims to get people chatting to build and encourage social connections within the local community, and to help reduce social isolation. Join others at the chatty table in Café QB to "chat".

Day: Every **Monday** during school term, except public holidays

Time: 10.00am

Cost: Gold coin donation for hot drinks for those sitting at the chatty table.

Other items available at menu prices



Puppet Pals with JoJo

Josie, Rosie and the gang will be hanging out in Café QB. Come and be entertained by our puppet friends, come for a chat & cuddle. Believe it or not, puppets can help us to develop and foster social connections and emotional awareness.

Day: Every **Tuesday** (except first Tuesday of the month) during school term

Time: **11.00am**Cost: FREE

Volunteers

Quantin Binnah is looking for volunteers!

Volunteering is a fun and easy way to explore and share your interests and passions. As a volunteer you can make a significant contribution to various services delivered at Quantin Binnah - YOU can make a difference.

Support QB and Café QB by volunteering in any of the below roles:

- Activity set-up and management
- Café support
- Activity Facilitation
- Garden and grounds maintenance
- Intergenerational activities
- Board member
- Other Opportunities not listed

You can register your interest to volunteer directly through our website www.qbcc.org.au/volunteer or by volunteers@qbcc.org.au



Community Supports

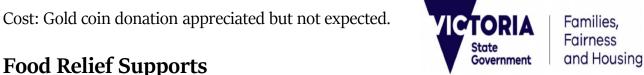
Breakfast Club

Before dropping the kid's off at kindergarten or school come in for some brekky together to help you fuel your day. Don't have any children, that's fine you're welcome too. No questions asked. Breakfast includes cereal, toast, yoghurt & fruit.

Day: Every Monday, Tuesday and Wednesday except public and school holidays

Time: **8.30am to 9.00am**

Cost: Gold coin donation appreciated but not expected.



We understand the financial challenges that everyone is experiencing due to the increasing cost of living and are making attempts to support those in need with food support. People accessing these services are required to live within the Wyndham LGA and are required to complete a form for statistical and funding purposes on

their first visit.

Please be mindful of others, follow limit quantities and **take only what you need**. QB take no responsibility for stock supplied through this service.

Fresh Food Collection

Our "Produce for the People" program has fresh food available for collection fortnightly.

Day: Fortnightly Wednesday recommencing 8th October

Time: **9.00am** until supplies are exhausted (usually by 10.30am, if not earlier)

Please note food varies fortnightly dependant on availability but usually includes vegetables, fruit, milk and bread.

Food Pantry

A pantry is located in Café Qb with set opening hours during school terms, except public holidays, recommencing from $Monday 6^{th} October$.

Monday 11.00am to 1.00pm Tuesday 9.30am to 11.30am Wednesday 1.00pm to 3.00pm

Please note food is basic pantry staples and varies dependant on availability but usually includes canned goods, rice, pasta, UHT milk, breakfast cereal.

Community Connector

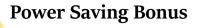


Wyndham City's Community Connectors assist all residents in our community to access the services they need and empower them to make informed decisions. A Community Connector can assist with, however not limited to:

- Information, links and/or referrals about/to services and emergency relief, such as food relief and material aid; Mental health support and counselling; Family violence support; Family, youth and social support; homelessness and emergency accommodation; financial support; homecare, personal care, etc.
- accessing and navigating State and Commonwealth funded programs
- information about council services.

Community Connector is a FREE Service available at Quantin Binnah Community Centre **fortnightly** on **Wednesday's** recommencing **8**th **October** from **9.00am to 12 noon**

Contact 1300 023 411 if you would like to speak with a Community Connector or to book a face-to-face appointment.



The Power Saving Bonus is a Victorian Government program offering a one-off \$100 payment to eligible households with a Health Care Card, Pensioner Concession Card, Veterans' Affairs Pensioner Concession Card, or Veterans' Affairs Gold Card.

If you require assistance with applying for this bonus pop in and see the Community Team. Bring along your Concession Card, form of ID and current Electricity Bill during one of the below times

Monday 1.30pm to 2.30pm Tuesday 10.00am to 11.00am Wednesday 10.00am to 11.00am



Maternal Child & Health @ QB

The Maternal and Child Health (MCH) is a free service available for all Victorian families with children from birth to school age, regardless of Medicare or visa status.

The WCC MCH team can help you and your child stay healthy and safe from when your child is born until they start kindergarten.

Jump onto https://www.wyndham.vic.gov.au/services/childrens-services/maternal-child-health/maternal-child-health-services to make an appointment to see a nurse in centre or in the mobile van.

When you see the MCH Van at QB, pop in and say hi. The Van is here on **Tuesday's.**

Carers Supports

Quantin Binnah is an official Carer Friendly Place as recognised by Carers Victoria

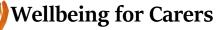
Walks for Carers

Our carers get together once a month, go for a walk, and chat about all things related and unrelated to being a carer. Continue your chat in Café QB with a free morning tea.

Our priority is improved carer wellbeing through social connection and informal peer support. Please note no one is expected to be a marathon walker, we are more a leisurely stroll group.

Day: Please contact QB to confirm dates

Time: **9.30am** Cost: FREE



This group is a welcoming space led by its members, sharing information, connecting with local services and supports, and meeting new people. The group focuses on activities that support wellbeing, with suggestions and ideas coming directly from you.

Carers are those who currently support a family member or friend who has a disability, developmental delay, medical condition, mental illness or are frail due to age. Being a carer looks different for many of us, it is something you do for a spouse, partner, parent, child, sibling, grandchild, friend, or neighbour.

We are committed to making our sessions accessible and inclusive, contact us for accessibility requirements.

 ${\rm Day:}\ Monday\ 27^{th}\ October,\ 24^{th}\ November\ and\ Monday\ 8^{th}\ December^*$

Time: **10.00am**

Cost: FREE

*Monday 8^{th} December – End of Year Break Up @ $12.00 \mathrm{pm}$ & Carer's own expense

For more information and/or to register your interest please contact Emma – community2@qbcc.org.au or 9742 5040.



Carers Week Events

The theme, "Care for a Carer" aims to broaden the awareness of National Carers Week, celebrated from 12-18 October 2025. It recognises and raises awareness of the 3 million Australians providing unpaid care and support to their family members or friends. It shines a light on the profound impact carers have on our communities.

#NCW25 #CarersVictoria #CareForACarer

FREE DRINK & SNACK for Carers

Are you an informal or unpaid carer? Pop into Café QB during operating hours in Carers Week and let us spoil you with a treat to brighten your day.

Day: Monday 13^h, Tuesday 14th and Wednesday 15th October

Time: 8.30am to 2.30pm Monday, 4.00pm Tuesday & Wednesday

Cost: **FREE*** small hot drink or cold drink from the fridge and sweet treat from the cake display.

*Evidence may be requested to prove Carer Status e.g. carer card etc.

Care for a Carer BBQ Lunch

Join our Wellbeing for Carers group to celebrate & acknowledge the wonderful work that carers do. Take some time out for yourself and enjoy a delicious BBQ lunch. Meet some new people, reconnect with others, learn more about supports available.

Day: Monday 13th October Time: 12.00pm to 2.00pm

Cost: FREE

Bookings Essential - Please RSVP with any dietary requirements by Wednesday 8th

October to community2@qbcc.org.au

Expressions of Interest

We are seeking expressions of interest from anyone wishing to facilitate and/or participate in

Specialty Groups and Classes
Food Programs support
Garden & grounds maintenance
Cultural Groups



Parenting



"Be Their Hero" Workshop

A child safety action workshop - Protecting children starts with us.

This free, two-hour workshop is designed for parents and carers who want to feel more confident about keeping children safe at home, online, and in the community.

Grounded in trauma-informed, culturally inclusive, and age-appropriate approaches, Be Their Hero will:

- Challenge common assumptions about child safety
- Provide practical, everyday strategies youcan use right away
- Empower you to play an active role in protecting children from harm

Day: Monday 20th October Time: 9.30am to 11.30am

Cost: FREE

RSVP by 15th October

To register your interest call Alex on 0472 728 025 or scan the QR code

Parent Pathways

Every parent's journey is different, which is why Parent Pathways and The Salvation Army Employment Plus focus on support that's made just for you. Whether you need help exploring career options, bridging skill gaps, or finding training that fits your family, our mentors are here to guide you. We'll work with you to create a plan that suits your circumstances and needs.

The Parent Pathways team at The Salvation Army Employment Plus can help with:

- Language and literacy programs
- Career guidance
- Childcare placement assistance
- Driving lessons
- Financial support for training

No pressure. No judgement. Just support that fits into your life.

Visit their website www.employmentplus.com.au or call them on 136 123 to find out your eligibility





Senior's Activities

Seniors Festival 2025 - Connect. Create. Celebrate.

The theme of the 2025 Victorian Seniors Festival is 'Connect. Create. Celebrate.' which aims to encourage older Victorians to stay curious and connected by exploring new activities, meeting new people, and changing how we think of ageing.

Lunch with the Bunch - Connect

We're inviting our Senior Friends to come & join us at Café QB for a delicious lunch & great company.

Date: Monday's 6th October &/or 10th November &/or 1st December

Time: 12.30pm to 2.00pm

Cost: \$15 per person includes 1 Barista made hot drink, sweet & savoury treats. Additional drinks are available for purchase from Café QB.

BOOKINGS ESSENTIAL Please RSVP by Thursday prior to event with any dietary requirements.



Seniors Craft & High Tea - Create

Enjoy a delicious high tea with us.

Make your own masterpiece to take home or gift to someone

Date: Monday 27th October

Time: 10.30am

Cost: \$5* per person includes craft, morning tea and barista made hot drink

Morning Melodies with Trish Simpson - Celebrate

Join us for a fun morning of old world Hollywood Glamour with music and singing by musician Trish Simpson including a lovely morning tea.

Date: Thursday 16th October

Time: 10.00am

Cost: \$5* per person includes musical entertainment, morning tea and barista made hot drink

*These activities are generously subsidised by the Wyndham City Council.

Please refer to our other categories throughout the booklet inviting our Seniors to join other community members in activities to meet their own needs. These categories include but are not limited to

Health & Wellbeing, Special Interest, Social Supports, Volunteering and Pop-Up Events

Children's Activities



Playgroup

Playgroup is an exciting way for young families to be involved with the local community centre and share time with families that have children of a similar age. Children get to participate in experiences that they can share with their peers, siblings, parents and carers. Our weekly sessions provide opportunities for families to meet in an inclusive, welcoming, friendly, safe environment. We provide a Leader to plan and set up the activities each week.

Day: Every **Thursday** during school term

Time: **10.00am to 12.00pm**

Cost: \$70 per term plus a one-off enrolment fee of \$30 per family.

Apply via the QBCC website https://www.qbcc.org.au/playgroup

Story Time with JoJo

Once upon a time at Café Qb we met a fairy godmother, a unicorn, and other magical beings. Bring the kids along to a fun, inclusive, interactive, and educational story time. Books are read by QB's very own Creative Artist and Author in Residence JoJo. When you wish upon a star anything can happen...

Day: **Tuesday's** during school term (except 1st Tuesday of the month)

Term 4 dates - 14th, 21st & 28th October, 11th, 18th & 25th November and 9th December

Time: 10.00am.

Cost: FREE

Parents/carers are required to stay in attendance.

Your caffeine needs can be met in Café Qb.

OOey gOOey Messy Play

Come along and get messy with different sensory craft, for any age. Children to wear clothes that can get messy.

Day: Wednesday's during school term, recommencing 15th October

Term 4 dates – 15th & 29th October, 12th & 26th November and 10th December

Time: Drop in anytime between **10.00am to 11.00am**

Cost: FREE for the remainder of 2025

Parents are to remain onsite and provide supervision during session.

Children's Week Celebrations 18th to 26th October 2025

The national theme for Children's Week 2025 is "Everyone should know about Children's Rights "which is based on the United Nations Convention on the Rights of the Child.

Join us for our FREE activities. Don't forget to RSVP to help us with our planning and preparation.

Be their Hero

Refer to the Parenting section for further information.

Day: Monday 20th October Time: 10.00am to 12.00pm.

Teddy Bear's Picnic @ Storytime with JoJo

Celebrate Children's Week with JoJo & Friends. Come along with your favourite cuddly friend and receive a little goodie to take home.

Day: Tuesday 21st October
Time: 10.00am to 11.00am.

Therapy Playgroup

Therapy Playgroup Pop-Up delivered in partnership with Early Leaps.

Occupational Therapy (OT) helps children build the skills they need for everyday life, things like play, learning, social interaction, self-care, and managing big feelings. At this pop-up group, our goal is to support young families by creating a safe and welcoming space where children can enjoy play activities alongside an OT, while parents and carers have the chance to ask questions and learn more about child development and everyday strategies. This is not a therapy session, but rather a relaxed "come and try" opportunity to connect with OTs, explore ideas, and find out what support might be available for your family.

Come and help plan what this new group could look like in 2026. Meet other parents and have some morning tea.

Day: Tuesday 21st October Time: 10.00am to noon.

Cost: FREE



Kiddie Crafternoon

Inviting children of all ages for an afternoon of free craft.

Get creative making your own quirky sock pet or giant colouring in poster and enjoy some snacks celebrating children's week

Parents/carers to provide support and supervise.

Day: **Tuesday 21**st **October** Time: **2.30pm to 4.00pm**.

Free Child Car Seat Information Sessions

Keep your child safe on every trip.

Starting out Safely – Victoria's Early Childhood Road Safety Program is offering this FREE session to all parents and carers.

At the session?

- Learn how to choose and fit the right seat
- Get clear, practical advice (no confusion, no guesswork!)
- Understand the laws and avoid unsafe practices
- Ask questions and see real child car seats demonstrated

Day: Thursday 23rd October

Time: 10.00am.

Please RSVP by Wednesday 15th October to community@qbcc.org.au
If you require an interpreter, please let us know ASAP so arrangements can be made to support you to attend this session

Performing Arts

PerformX Academy

PerformX Academy is a vibrant performing arts program for children and teens aged 5–15, designed to build confidence, creativity and courage through drama, singing are welcome to join. Classes are delivered in a safe, supportive, and inclusive environment by passionate industry mentors.

Day: Saturday's during school term

Time: 11.45am to 3.15pm

Cost: \$14 per hour

For more information, please contact PerformX Academy – 9967 8721 or email admin@performxacademy.com.au or check out www.performxacademy.com.au





Education

ACFE learning opportunities

The primary purpose of pre-accredited education and training is to provide opportunities for adult learners in Victoria to gain the educational capacity and core skills they need for study, work and life.

Courses are FREE to eligible students. Students must be 17+ and not enrolled at school AND be an Australian citizen, holder of an Australian Permanent Visa, a New Zealand citizen or Asylum Seekers holding a valid Visa.

Individual learning assessments will be completed with each student prior to commencing course. This is an ACFE funding requirement.



Students will receive a Certificate of Participation on completion of the course.

Barista Essentials

Want to know how to make the perfect coffee? Learn the skills of a Barista and increase your employment opportunities. Or you may just love coffee and want to add to your knowledge and personal skill set.

Course dates: Thursday's 27th November AND 4th December

Time: 9.30am to 2.30pm

Cost: FREE

Home Schoolers Cooking Group

Learn some basic cooking, baking and healthy eating skills with other home-schooled students.

Day: Every Wednesday during school term

Time: 1.30pm

Cost: \$10 per person (\$15 for 2 siblings)

BOOKINGS ESSENTIAL

BYO container to take your goodies home. Parents are to remain onsite and provide supervision during session. Numbers are capped per session and weekly registrations are required. Please email creatingvillages@gmail.com for more information, to register and advise of dietary requirements.

Health & Wellbeing

VMCH Dementia Group

If you are caring for someone with dementia/memory loss, come along and connect with others while enjoying morning tea and participating in a craft activity. This group is for both the carer and care recipient.

This initiative is organised through VMCH as part of a Dementia Australia Dementia Friendly Communities project.

Day: Monday's 6th October, 10th November & 8th December

Time: 11.00am to 12.30pm

Cost: FREE

Please register your interest by contacting Catherine on 8595 2405 or emailing carerevents@vmch.com.au

Fight Parkinson's

Come along to this Parkinson's Disease community seminar hosted by Fight Parkinsons

This health information session is for people affected by Parkinson's Disease and gives you a chance to come together to hear about research, supports and services

Day: Tuesday 28th October
Time: 10.00am to 2.00pm

Cost: FREE

Together we can info@fightparkinsons.org.au

Fight Darkinson's

Please register your interest by contacting by emailing <u>info@fightparkinsons.org.au</u> or call 8809 0400

Bingo Moves Community

Bingo Moves is best described as a fun, interactive exercise program – combining gentle movement & stretches helping you to unwind and move safely.

Join us for an active version of BINGO where you're invited to participate in gentle MOVEment to a song. Prizes and a whole lot of fun await you.

Day: **Wednesday's fortnightly**, recommencing 15th October Term 4 dates – 15th & 29th October, 12th & 26th November and 10th December

Time: 10.00am

Cost: Gold coin donation welcome but not expected





Wonder Women

Would you like some time for yourself? Would you like to spend some time with other women and just "hang out" with no expectations placed on you? Come and join us and spoil yourself.

Day: Every **Thursday** during school term

Time: 9.30am to 11.00am

Cost: Gold coin donation appreciated

New members welcome.

Stretch

Stretch Class: Move Freely, Feel Better

You don't need any gym experience to join this class! If touching your toes feels like a challenge, sitting on the floor seems impossible, or you've grown used to living with aches, pains, and stiffness—this class is for you. Target all your joints and muscles. Over time, you'll notice your body moving in ways it hasn't before, improving flexibility, mobility, and overall comfort.

Day: Every **Thursday** during school term

Time: **1.00pm**

Cost: Gold coin donation appreciated

BYO Comfortable clothing, shoes & drink bottle. Please bring a yoga mat if you have one.

Special Interest

Knitting Group

Do you like knitting? Would you like to join a group of like-minded ladies and chat whilst clicking away. Work on your own items or knit items to donate.

Day: Thursday's

Time: **1.00pm to 3.00pm**

Cost: FREE BYO knitting projects and patterns to share

Games & Cards

Like to play board games? Want to meet new people? We're offering everyone a selection of games including cards.

Day: **Tuesday's** during school term (except 1st Tuesday of the month)

Time: **1.00pm to 2.30pm**













Crafting

Craft and Caffeine

Drop in for craft anytime. Craft activities set up with themes representing current celebrations and events. Gold coin donation for craft supplies appreciated but not expected.

Day: Monday, Tuesday and Wednesday

Time: 9.30am to 4.00pm

Cost: Gold coin appreciated but not expected



Crafternoon

"Creativity is intelligence having fun." – Albert Einstein.

Do you sometimes feel like kids get to have all the creative fun? You don't have the chance to let your inner artist out?

Crafting activities vary weekly.

Pop in after school pick-up with them and make your own art masterpiece. No kids, no worries – you're welcome too!

Day: Every **Tuesday's** during school term, except public holidays

Time: 3.30pm to 4.30pm

Cost: Gold coin donation appreciated

For any age. Parents are to remain onsite and provide supervision during session.

Australian Crochet Community

All welcome to drop in, crochet and chat. Bring your own crochet or craft project with supplies along to Café Qb and join in with others.

Day: Saturday 18th October, 15th November & 13th December

Time: 10.00am to 2.00pm

Café Qb will be open to nourish you as you craft.

Please refer to our **POP – UP Events** on Page 24 - 25 for further information on other crafting opportunities.

All Abilities Activities

CraftABILITY

Adults with Disabilities (& their carers) are invited to join us to complete a different activity each week. Come along & be creative, be social and maybe enjoy something to eat from the Café menu.

Activities may vary from craft including baking, games and other activities dependant on participants requests.

Day: Every **Tuesday** during school term

Time: 10.30am to 12.30pm

Cost: \$10 per person for weekly project or \$20 including a delicious morning tea.

BOOKINGS ESSENTIAL. Please email <u>creatingvillages@gmail.com</u> for more information, to make a booking and advise of dietary requirements.

Capacity Building at Café Qb

Would you like to learn new skills, gain experience in a café and meet new people? Do you have core supports in your NDIS plan?

Supports provided at NDIS unit costs.

Participants are required to be self or plan managed. Have a chat to our Café Qb team.

GLOW - Inclusive Disco

Spooky Spectacular!!! Halloween is coming to QB early this year.

Dress up to win a Trick or Treat

Spread the word, bring your friends. We want to see YOU on the dancefloor!!

Adults with Disabilities (& their carers if required) are invited to spend the night with friends, dance and hang out in a safe environment.

Quiet zone available for those who need a break.

This is an 18+ alcohol-free event.

Day: Friday 24th October Time: 6.30pm to 9.30pm

Café Qb will be open from **6.30pm** for yummy treats

DJ Pistol Pete will start pumping the tunes from **7.00**pm

Cost: \$15 includes entry, snack & a drink.

Carers free entry & drink.



Pop Up Events

Keep an eye on www.qbcc.org.au for further POP-UP ACTIVITIES information and other events during Term 4

Kid's Clothes Swap





Spend the school holidays getting organised and sorting out all your children's old, good quality clothes. The clothes swap is right at the start of Term 4.

Organise your items into sizes, make sure they're clean and in good condition

Day: Tuesday 7th & Wednesday 8th October

Time: 9.30am to 1.30pm.

If you don't have anything to swap or donate you are still welcome to attend. Clothes will also be available to those who have nothing to swap.

Quantin Binnah's 33rd Annual General Meeting

The Board of Governance of Quantin Binnah Community Centre warmly invite you to attend our Annual General Meeting.

We will be celebrating the year through our curated slide show and themed song to launch our 2026 Theme and to complement our Annual Report and 2026 Calendar.

Day: Wednesday 22nd October

Time: **7.00pm** (including a light supper at the conclusion of the AGM)

Cost: FREE

Please RSVP (including any dietary requirements) by Friday 17th October to https://www.qbcc.org.au/event-details/quantin-binnah-annual-general-meeting-2025

Craft & High Tea

Enjoy a delicious high tea with us and make a special themed craft items to take home or gift to someone.

Day: Monday's 27th October &/or 17th November &/or 15th December

Time: 10.30am

Cost: \$18.00 per person includes morning tea and craft project

BOOKINGS ESSENTIAL Please RSVP by Wednesday prior to event with any dietary requirements





Musical Melodies

Enjoy a fun morning of music and singing including a lovely freshly made morning tea with Barista hot drink.

Come dressed to impress for our themed Morning Melodies – October theme is Hollywood Glamour December theme is Christmas Celebrations

Day: Thursday 16th October and/or Thursday 11th December Time: 10.00am arrival & morning tea. Show begins at 10.30am. Cost: \$12.00 per person includes morning tea and entertainment

BOOKINGS ESSENTIAL Please RSVP by Tuesday prior to event with any dietary requirements

Halloween - all week @ Café QB

Trick or Treat! Come along dressed in your costume, do some themed craft activities and search for your lollies in a spooky scavenger hunt.

Day: Monday 27th October 9.00am to 2.00pm
Tuesday 28th and Wednesday 29th October 9.00am to 4.00pm

Cost: \$4.00per person

Special spooky drinks and snacks available to purchase from the café.

End of Year Food Drive

As the end of year approaches and many of us start planning celebrations and feasts, there are those in our community wondering how they'll feed their families when services close over the Festive break.

Unfortunately, we are experiencing a hunger crisis with 3.4 million households running out of food in the last year.

Help us to feed these families by donating to our pantry staples food drive from November at QB.

You'll soon see boxes around the centre for you to drop off in date and good condition items such as canned goods, breakfast cereals, pantry staples and maybe a few treats to help with the Festive Season.

We thank you in anticipation of your generosity and support.

If you are requiring assistance yourself, please contact the Community Team.









International Day of People with Disability



Come along and participate in activities facilitated by and for people with all abilities.

Day: Week beginning 1st December

Time: Various

Cost: FREE to \$10 contributions.

End of Year Celebrations

Celebrate 2025 and prepare for 2026 with some fun, games and activities.

Day: Week beginning Monday 8th December

Time: Various

Cost: FREE to \$15 contributions

Keep an eye on Facebook and posters displayed at QB for more details

Introduction

Please welcome our new School Readiness Social Worker, Shayla, to Quantin Binnah. Originally from New Zealand, she's passionate about supporting children and families as they prepare for the exciting transition to school.

Before joining Quantin Binnah, she worked with parents through the Home-Based Family Support team at Anglican Family Care in New Zealand. Prior to that, she supported young people with mental health challenges and disabilities in a residential setting at Community Care Trust. Shayla also completed a student placement with social workers in primary schools through Anglican Family Care—an experience she returned to regularly after joining the organisation, as she has a strong passion for working with children and supporting their development.

In her role here, Shayla is dedicated to providing support, resources, and guidance to families as you work together to ensure children are ready for school, both emotionally and socially.

If you are needing social work support, you can contact Shayla on 0437 684 054 or email her at srcconsultant@qbcc.org.au.

Shayla is at QB every Tuesday, Wednesday and Thursday

Don't forget to say hi to her when you see her in the centre.

QB Marketplace

It's that time of year where you need a little something for the kid's teacher, your neighbour or that family member who always shows up unannounced. Support our local entrepreneurs and pop into Café Qb and buy something on offer from our local community.

- Custom Creation Made by Andrea
 - BiPoLaR Creations
- Empowering Candles & Keyrings by James Nguyen
 - Kings & Queens
 - Ahries & Me
 - Wyndham Women's Sewing Group
 - Haus of Phoenix
 - Books by JoJo and Kerstin
 - 2J's Candles & Gifts
 - Creating Villages



Orders can be taken for personalised items and special requests.

All products are on display in Café Qb Monday to Wednesday.



Not just a Community Centre,

but a centre for the Community

2025 Wrap-Up

Thanks for a GREAT 2025

Our theme of "From Little Things Big Things Grow" has certainly rung true as are activities and services continue to expand. We've enjoyed supporting you all to grow in your own personal journeys and achieve your goals, try new things and develop your sense of self!

We would like to thank each and every person who participated in our programs, courses, workshops, activities and everything else in between. And an EXTRA SPECIAL THANK YOU to our team of volunteers running Café QB and to all the customers who supported this not-for-profit social enterprise!!!

BIG THANKS

Community Support and Quantin Binnah Community Centre would like to thank our generous partners who have supported us to deliver an array of activities and services in 2025.





Have a Safe Holiday

Wishing all our families, friends, community members and partners a safe & enjoyable end to 2025 and a happy & healthy start to 2026

Quantin Binnah Community Centre



School Aged Care

Including Before & After School and Vacation Care

4-year-old Kindergarten

Community Groups & Activities

Long Day Care

Café QB 3-year-old Kindergarten

Maternal and Child Health Services

Adult Education

Playgroup

Integrated Kindergarten





Quantin Binnah Community Centre Inc. acknowledges the Bunurong people as the Traditional Custodians of this land on which we meet today. We also acknowledge their neighbours, the Wadawurrung people. We pay respect to Ancestors and Elders who always have and always will care for Country and Community today and for future generations. We extend that respect to all Aboriginal and Torres Strait Islander peoples here today.



Quantin Binnah is an inclusive centre and celebrates diversity of all kinds

Contact Information





9742 5040



admin@qbcc.org.au



www.qbcc.org.au



www.facebook.com/quantinbinnah

Office Hours:
8:30am to 6:00pm

Monday to Friday
Closed on Public Holidays



Quantin Binnah is a committed Child Safe organisation and has zero tolerance for child abuse.

Every child and young person accessing Quantin Binnah has the right to feel safe. All Quantin Binnah employees, volunteers, contractors and community representatives have a responsibility to understand and activate their role in preventing, detecting, responding and reporting any suspicions of child abuse to the relevant authorities and maintaining a child-safe culture.